

CALL FOR ABSTRACTS

JOINT CLINICAL NUTRITION ACADEMIC SESSIONS OF SRI LANKA MEDICAL NUTRITION ASSOCIATION (SLMNA) AND SRI LANKA COLLEGE OF NUTRITION PHYSICIANS (SLCNP) – 2026

4TH AND 5TH JULY 2026

THEME: “HARMONIZING NUTRITION IN CLINICAL CARE: SOUTH ASIA AND BEYOND”

The Sri Lanka Medical Nutrition Association and Sri Lanka College of Nutrition Physicians invite the submission of original research, audits and case reports for presentation at the Joint Clinical Nutrition Academic Sessions of Sri Lanka Medical Nutrition Association (SLMNA) and Sri Lanka College of Nutrition Physicians (SLCNP) on 4th and 5th July 2026. All accepted abstracts will be published in the proceedings book of the Clinical Nutrition Academic Sessions – 2026.

KEY DATES

- Abstract submission opens: 16th February 2026
- **Abstract submission deadline: On or before 31st March 2026**

TYPE OF PRESENTATION:

- Oral
- Poster

(As decided by the review committee)

- **Oral Presentations:** A total of 12 oral presentations will be selected for this session. From these, 6 will be chosen to be presented in the final sessions. These would include:
 - 2 Research Presentations
 - 2 Audits
 - 2 Case Reports

- **Poster Presentations:** All the posters will be displayed during the main academic sessions. The winners will be selected.
- **Abstract Presentation:** Abstract presentation will take place on **1st July, 2026**.
- Best oral and poster presentations will be awarded in all three categories, namely best research, audit and case report. The awards will be announced during the annual academic sessions.

SUBMISSION

- Each submission should include the following documents.
 - Abstract
 - The Author Declaration Form
- Abstracts should be accompanied by a scanned copy of ethical clearance certificate (Only for original research abstracts).
- Abstracts should be emailed to abstracts.slmna.2026@gmail.com on or before **31st March 2026**.
- The topic of the abstract should be stated as the subject of the email.
- Guidelines for the preparation of the abstract are given below. Please adhere to the instructions.
- Please note that abstracts that are not prepared according to the guidelines provided, or submitted after the deadline, will not be considered.

1) GUIDELINES FOR THE PREPARATION OF ABSTRACTS

- **Formatting of the abstract:** Use font **Times New Roman**, **font size 11** using **1.5 spacing** on A4 paper. There should be no space between paragraphs.
- **Title:** The title should be brief yet informative, avoiding excessive length. Capital letters should be used only for the first letter in the first word of the title and proper nouns.
- **Author names and affiliations:** The second line of the abstract should include authors' initials followed by their surnames. Capital letters should be used only for the initials and the first letters of the surnames of authors. Do not use prefixes (eg. Prof, Dr, Mr or Mrs)

or designations of authors. The line immediately after author names should indicate author affiliations. Please use superscript numbers after each name to link the author with his/her relevant affiliation/s.

Eg:

G.H. Saparamadu¹, J.R. Tennakoon¹, S.P. Kurukulaarachchi²

¹Medical Nutrition Unit, National Hospital of Sri Lanka. ²Medical Nutrition Unit, Colombo North Teaching Hospital, Ragama.

- The corresponding author should ensure that all the contributors are given due authorship, and that the order of names is agreed upon by all authors.
- The name of the presenting author should be underlined.

- **Abstract Text:** The text of the abstract should not exceed 250 words (Excluding title and author details). The word count should be indicated at the end of the abstract.
- Standard abbreviations of SI units should be used.
- A maximum of five keywords should be provided.

- Templates for original research abstracts and case reports are given below. Abstracts should be structured accordingly.

- The abstract text should not include tables or figures. References are not required.
- If acknowledgments are to be included, they should be restricted to names of funding agencies. Generic names are to be used where mention of drugs is necessary.

2) DECLARATION BY THE AUTHORS

- The scanned copy of the declaration form should be signed and returned by the corresponding author along with each abstract/ extended abstract submitted.
- All correspondence will be addressed to the corresponding author.
- If the presenter indicated in the application is unable to present the paper, it is the responsibility of the corresponding author either to withdraw the paper in advance or make arrangements for one of the co-authors to present the paper.
- The work should not have been presented elsewhere.

- The abstracts will be reviewed anonymously and the outcome will be communicated to the corresponding author.
- All deadlines must be strictly adhered to when submitting the initial and revised abstracts.
- At least one author should be a medical or dental graduate possessing MBBS or BDS degree or an equivalent degree from a recognized University in Sri Lanka or abroad.
- Each presenting author should be limited to a maximum of three papers or posters, although any number of further submissions as co-author can be accepted.

THE AUTHOR DECLARATION FORM

I. Title of abstract:

II. Names of authors:

III. Affiliations:

IV. Name of the presenting author:

I declare that the above abstract reports the results of original research work and that the work reported in the abstract has not been published or presented elsewhere.

Signature of the Corresponding Author:

Name:

E-mail Address:

Date:

ORIGINAL RESEARCH TEMPLATE FOR ABSTRACT

Title

Authors and affiliations

Name and email address of corresponding author

Introduction & Objectives

Methods

The study design should be clearly mentioned.

Results

Conclusions

Keywords:

CASE STUDY TEMPLATE FOR ABSTRACT

Title

Authors and affiliations

Name and email address of corresponding author

Introduction & Objectives

Clinical presentation (history, symptoms & signs, assessments, etc.)

Management (underlying principles of management)

Conclusions (including take-home messages)

Keywords: